# Mark Keppel High School Student Bulletin Friday January 17th, 2025 Bell Schedule - All Periods

"Don't settle for average. Bring your best to the moment. Then, whether it fails or succeeds, at least you know you gave all you had." — *Angela Bassett* 

# **ATHLETICS**

# Athletic Events: Week of Jan.13th - Jan 18tht, 2025 Show school spirit and pride; attend sporting events. Check <u>MKHS</u> website for all scheduled games

- <u>Medical Clearance</u> Paperwork must be cleared in order to try-out or participate in any sport. If you are currently in a sport, you can try-out after your season is over.
- MKHS Athletic Webpage: mkhs.org (Athletics Tab)
- MKHS Athletic Remind/Code: @mkhsat or Text 81010

#### Friday, January 17th - Regular Schedule - All Periods

- Boys' Varsity Wrestling @ Fountain Valley Tournament Begins 9AM All Day Dismissal Bus Leaves 6AM
- Girls' Varsity Wrestling @ Ayala Tournament Begins 12PM All Day Dismissal Bus Leaves 9AM
- Girls' JV Soccer vs San Gabriel 4PM Aztec Stadium Early Dismissal 3PM
- Boys' JV & Varsity Soccer @ San Gabriel Games Begin 4PM Early Dismissal 2PM Bus Leaves
  2:30PM
- Girls' JV & Boys' Varsity Basketball @ San Gabriel Games Begin 4PM Early Dismissal 2PM Bus Leaves 2:30PM
- Boys' Frosh Basketball vs San Gabriel 4PM Aztec Arena Early Dismissal 3PM
- Girls' Varsity Soccer vs San Gabriel 5:30PM Aztec Stadium No Early Dismissal
- Girls' F/S Basketball vs San Gabriel 5:30PM Aztec Arena No Early Dismissal
- Cheer @ San Gabriel 5:30PM No Early Dismissal Bus Leaves 4:30PM
- Girls' Varsity Basketball @ San Gabriel 7PM No Early Dismissal
- Boys' JV Basketball vs San Gabriel 7PM Aztec Arena No Early Dismissal

#### Saturday, January 18th

• Boys' JV Wrestling @ Arroyo - Tournament Begins 7AM - Bus Leaves 6AM

- Girls' Varsity Wrestling @ Ayala Tournament Begins 9AM Bus Leaves 6AM
- Boys Varsity Wrestling @ Fountain Valley Tournament Begins 9AM Bus Leaves 6AM

## **OFFICE OF SCHOOL COUNSELING**

The Office of School Counseling would like to invite staff and students to our Uplifting Messages lunch activity **TODAY**. We will have a table and supplies in the OLD GYM and encourage you all to stop by and write supportive notes, letters, cards to families affected by the fires and the firefighters fighting these fires.

These uplifting notes will then be given to one of the local YMCAs in Koreatown. They have asked for these notes to include in care packages they are distributing to families and firefighters.

If you are able to, please stop by and join us to write an uplifting message for those affected. Thank you!

### PTSA MKHS COMMUNITY DONATIONS

PTSA will be holding a donation drive on Tuesday, January 21st, after school by the East Gate to collect items to support our school community members who have been impacted by the fires. Please come by the school afterschool to drop off the following:

- Clean Men/Women/Children Clothing
- Men/Women/Children Shoes
- Baby Needs (Wipes/Formula/Diapers)
- School Supplies
- Household Items

### WELLNESS CENTER

Ms. Andrea Madrigal has returned as our gateway mental health counselor, she is in the wellness center along with Ms. Funes.

Start your 2nd semester strong by visiting the Wellness Center to take a break, clear your head, recharge, relax, meditate, learn more about self-care and resources and seek support.

We are open during school hours (\*Student Lunch Time will depend on staff availability)- Check in the counseling office FIRST, if you need to use the Wellness Center, to make sure there is staff available to support.

Here are some reminders about the Wellness Center:

- You need to have a pass from your teacher to use the Wellness Center.
- Check in the Counseling Office first to ensure the Wellness Center is available.
- It is not a place to skip class, miss a test or hang out with friends.
- It is a No Phone Zone.

# **Snack Vending Machines**

Snack vending machines are available before school, after school and during lunch. They will not be available during class time.

### **GRAD NITE TICKET SALES BEGINS THIS MONTH**

Attention all Seniors! Grad Nite Tickets are now available for purchase. **Tickets will start at \$160 and will increase in the month of February.** The next opportunity to purchase tickets will be during lunch on Wednesday, January 22nd, at Palm Court!

# MKHS ALLIANCE - PANDA EXPRESS FUNDRAISER

MKHS Alliance is having a virtual Panda Express fundraiser on **Wednesday, January 22**. The event is all day & at all Panda locations. Valid only on orders placed online at pandaexpress.com or on the Panda app. Enter code 928378 in the fundraiser code box.

### MKHS ALLIANCE

MKHS Alliance is seeking a student to co-chair our **USC Alumni Day of SCervice** event to take place on **Sat., March 22, 2025**. You will have the opportunity to select the project &/or our event can benefit Operation Gratitude. This community goodwill event can be listed on your resume if you plan to apply to USC in the future. Examples of past projects can be viewed at <u>USC Alumni Day of SCervice · USC</u> <u>Alumni Association</u> or <u>https://alumni.usc.edu/scervice/#california-la</u>. Please contact Sharon at slwoo@sbcglobal.net if you are interested &/or for more info.

# PRINCIPAL'S MESSAGE

**CLASSROOM ACCESS DURING LUNCH:** ALL students will need a hall pass to access any classrooms in any building. All buildings will remain locked 10 minutes after lunch begins until 10 minutes before lunch ends.

#### **LIBRARY**

The library will close 20 minutes after lunch starts every day. If you are not there before, you will not be allowed in.

# TARDY

Please be informed that we have started scanning student IDs for every student that is late to school. **DOORS CLOSE AT 8:30am**. The tardies will also be logged in PowerSchool by the respective teacher.

### <u>LUNCH</u>

**REMINDER** to all students that food delivery or drop off on campus is not allowed. For the health and safety of all students, the Alhambra Unified School District enforces a No Food Drop-Off Policy. The staff will not accept food to be dropped off for students. If you have any questions, please contact Student Support Services. Thank you.

# FOOD RECOVERY

Did you know the United States discards more food than any other country in the world: nearly 60 million tons — 120 billion pounds — every year. That's estimated to be almost 40 percent of the entire US food supply. In an effort to not let food go to waste. We have bins placed by the end of the checkout lines. Place unopened items you do not want into the bin. This is a way for us to fight against food waste and give what we can back to the food bank in our community. Please do not put trash in these bins.

### **STUDENT PARKING**

Students can only park their vehicles using the baseball parking lot and on the left side facing Hellman. The front lot will be closed at 7:00 AM every morning.

### **STUDENT BANK**

#### HOURS:

- ★ Monday : 8:00 a.m.- 4:00 p.m.
- ★ Tuesday: 8:00 p.m. 4:00 p.m.
- ★ Wednesday: 12:00 p.m. 4:00 p.m.
- ★ Thursdays: 8:00 a.m.- 4:00 p.m.
- ★ Friday: 8:00 a.m.-4:00 p.m.